

# CAMP FITCH YMCA HEALTH FORM

## LICENSED MEDICAL PERSONNEL PORTION "FORM 2"

(2014 update)

Please return completed form to:  
Camp Fitch YMCA  
12600 Abels Rd  
North Springfield, PA 16430  
fax to 814-922-7000 or  
email a .pdf to info@campfitchymca.org

To Parent(s)/Guardian(s): **Complete this section and give this form "FORM 2" and a copy of your completed CAMP FITCH YMCA HEALTH FORM "FORM 1" to your child's health care provider.**

Dates will attend camp: from \_\_\_\_\_ to \_\_\_\_\_  
Month/Day/Year Month/Day/Year

Camper Name: \_\_\_\_\_  
First Middle Last

Male  Female Birth Date \_\_\_\_\_ Age on arrival at camp \_\_\_\_\_  
Month/Day/Year

Camper home address: \_\_\_\_\_  
City State Zip Code

Parent/guardian name & phone: \_\_\_\_\_ ( ) \_\_\_\_\_

**Parent/Guardian stop here. Rest of form to be completed by medical personnel.**

**Medical Personnel: Please review the CAMP FITCH YMCA HEALTH FORM "FORM 1" and complete all remaining sections of this form "Form 2". Attach additional information if needed.**

Physical exam done today:  Yes  No (If No, date of last physical: \_\_\_\_\_)  
Month/Day/Year  
**ACA accreditation standards specify physical exam within last 12 months.**

Weight: \_\_\_\_\_ lbs Height: \_\_\_\_\_ ft \_\_\_\_\_ in Blood Pressure \_\_\_\_\_ / \_\_\_\_\_

**Allergies:**  No Known Allergies

- To foods (list):
- To medications (list):
- To the environment (insect stings, hay fever, etc. - list):
- Other allergies (list):

**Describe previous reactions:**

Many non-prescription medications are in stock at Camp Fitch YMCA and are used on an as needed basis to manage illness and injury. Please list any medications the camper should **not** be given: (Examples include acetaminophen, ibuprofen, diphenhydramine, cough drops, calamine lotion, bismuth subsalicylate, and hydrocortisone 1% cream.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Diet, Nutrition:**  Eats a regular diet.  Has a medically prescribed meal plan or dietary restrictions (describe below):

**The camper is undergoing treatment at this time for the following conditions (describe below):**  None

**Medication:**  No daily medications.  Will take the following prescribed medication(s) while at camp (name, dose, frequency—describe below):

**Other treatments/therapies to be continued at camp (describe below):**  None needed

**Do you feel that the camper will require limitations or restrictions to activity while at camp?**  No  Yes  
If you answered "Yes" to the question above, what do you recommend? (describe below, attach additional information if needed)

**I have reviewed the CAMP FITCH YMCA HEALTH FORM "FORM 1", and have discussed the camp program with the camper's parent(s)/guardian(s). It is my opinion that the camper is physically and emotionally fit to participate in an active camp program (except as noted above.)**

Name of licensed provider (please print): \_\_\_\_\_ Title: \_\_\_\_\_

Signature: \_\_\_\_\_

Office address: \_\_\_\_\_  
Street City State Zip Code

Telephone: ( ) \_\_\_\_\_ Date: \_\_\_\_\_

Camper Name

First

Middle

Last

Dates Attending