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# Senders Pediatrics Update

1/21/10

**H1N1 Activity:** The number of reported cases of H1N1 continues to decline on both national and local levels. For the first time in 9 months, there are no states reporting widespread activity and most, including Ohio, are only noting sporadic or regional outbreaks. In our office, we have not diagnosed a case of H1N1 influenza in a number of weeks. However, the Centers for Disease Control and Prevention continue to caution Americans to take H1N1 and seasonal flu seriously, and we are in full agreement. Although it looks like H1N1 may be on the way out for this season, it is not at all clear that it will not experience a resurgence in years to come or worse yet, that it may cross react with a more virulent strain of flu and come roaring back in the future. Moreover, since H1N1 disease often comes around only every 20 years, a vaccine this year may confer sufficient immunity to prevent more serious complications the next time an epidemic occurs 20-50 years down the road.

**Seasonal Flu Update:** As for seasonal flu, although it is true that the traditional flu season has not yet begun (there have been no non-H1N1 flu strains reported nationally or locally), it is common for it to begin with a vengeance as late as March or April. The good news is that Europe, which usually experiences its seasonal flu season approximately 3 months before the United States, has had a very mild seasonal flu season after experiencing the same miserable few months with H1N1 that we did. But we become complacent at our own peril. Remember, the humans have to always stay a few steps ahead of the microbes if we are to stay healthy in the long term. And influenza preys on the vulnerable (all children and adults with asthma, sickle cell disease, and diabetes).

**H1N1 Clinics:** We have vaccinated over 2500 children with seasonal flu vaccine and over 1000 with H1N1 flu vaccine. We have a large inventory of both flu vaccines in both injectable (shot) and mist forms. Following CDC guidelines reissued just last month, we are encouraging parents of ALL children to vaccinate their children with seasonal and H1N1 vaccines and parents of children 9 and under (until the 10th birthday) to vaccinate their children with 2 doses of these vaccines in the first year they receive either of them. It is okay to give both at the same time, but if you choose to separate them, then there should be a 2-week hiatus in between. Both vaccines have been shown to have great clinical safety records with mild achiness, fever, and headache as the most common side effects. We are no longer having mass clinics but have set aside up to 20 slots during each weekday for parents who desire to vaccinate their children with either first or second doses of seasonal or H1N1 influenza. Please avail yourself of this service in the next week or two.

**Welcome Julia Caschera!** We are excited to welcome Nurse Practitioner, Julia Caschera, PNP, as the newest member of our provider staff. Julia grew up on the East Side of Cleveland and has extensive family in the area. Julia comes to us with extensive experience in caring for children of all ages (birth to 23), having served most recently in a very similar type practice in the Greater Washington area. Having just returned from maternity leave for her first child, she also brings a wealth of real life personal experience with children. But what will impress you most about Julia

is her soft spoken manner, her humble confidence and her big warm smile. Like Mary Alice Dombrowski and Kristina Banks, our more senior nurse practitioners, Julia sees both well and ill children. We know you will enjoy interacting with her in the months and years to come.

**Rainbow On Call Center** - On a daily basis, Pediatricians and Pediatric Nurse Practitioners are called upon to make critical decisions that impact the lives of children. It is critical that we be able to function on the highest of levels. Although late night calls are infrequent in our practice (we would like to think that is because we spend so much time providing anticipatory guidance during the day), when they come during deep sleep, it significantly impacts on our ability to take care of your children during the day. We have researched the available options and are excited that the Rainbow On Call Center housed at Rainbow Babies and Childrens Hospital is one of the most highly respected On Call programs in the country with almost 10 years of experience in providing late night advice. Moreover, almost all of our colleagues in town have been using this service for many years. You will be assured to find out that the protocols that are followed have been nationally recognized and that over the past 10 years their satisfaction rating has been over 98%. We will continue to serve as backup for any situation that requires Emergency Room attention. Thank you for understanding.

**Tyler Weiman Bobble Head Night on Friday, February 12, 2010 at the Monsters Game** - Avid hockey fans know that Tyler is the most sought after player on the team. We are excited to be partnering with the Monsters and Quicken Loans Arena to present this bobble head night. Moreover, our doctors and nurse practitioners will be manning a booth on the concourse and giving out promotions, so make sure that if you come down, you stop by to say hi! In our next email blast, we will be providing more information about a free ticket giveaway for patients of our practice.

**Graco Stroller Recall** - Normally, we place recalls on our Consumer Product Safety Commission link on our website. However, given the enormity of this recall (1.5 million strollers) and the likelihood that many of our patients have a Graco stroller, we are highlighting this program on our email blast. There have been 7 children who have lost fingers or parts of fingers because their hands have become caught in the closing mechanism. The recall involves providing a safety cover that will prevent such accidents.

This recall involves Graco Passage™, Alano™ and Spree™ Strollers and Travel Systems with the following model numbers and specific hinge mechanisms:

Model Numbers		
6303MYC, 6303MYC3	7240DNB, 7240DNB2 7240MKL2, 7240MKL3	7F02GLM3
6320IVY, 6320LAU	7241DDH2, 7241DHO3	7F04TAY3
6330CAP, 6330THR, 6330THR3	7255CLP, 7255CLP2, 7255CRA2, 7255CRA3, 7255CSA3, 7255GPK3, 7255GRN, 7255GRN2, 7255JJB3, 7255ORC2, 7255WLO2, 7255WLO3	7F07EMA3
6F00QIN3, 6F00RRY3	7256CLO2, 7256SPM2, 7256SPM3	7F08DSW3, 7F08LAN3
6F03GLN3	7260BAN, 7260BAN2, 7260BAN3, 7260MRA2, 7260MRA3, 7260PKR, 7260PKR2	7G00DLS3, 7G00DLS4
6G10CSE3	7270BIA, 7270BIA2	7G01CRL3
7235GGA, 7235GGA2	7E01JON2, 7E01JON3	7G04KRA3
7236CDR2	7F00LPE3, 7F00RSH3	7G05GPR3, 7G06WSR3
7237HOL2, 7237HOL3	7F01FOR3	7G07ABB3, 7G07BAT3

For additional information, contact Graco at (800) 345-4109 between 8 a.m. and 5 p.m. ET

Monday through Friday, or visit the firm's Web site at [www.gracobaby.com](http://www.gracobaby.com)

Details at:

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml10/10115.html> or by calling the US Consumer Product Safety Commission Recall Hotline: (800) 638-2772.

## A few other exciting things going on at Senders Pediatrics:

- Join Senders Pediatrics [Facebook Fan Page](#). We would love if you would "friend us" so that we have one more way of communicating with our patients. There are also some fun things about upcoming events that you won't want to miss.
- Love our office? This is your chance to show your friends, family and co workers why you like Senders Pediatrics. Until February 28, 2010, we will be rewarding our patients for new referrals to our office. If you refer a new patient to our office who schedules a well child exam, you will receive a \$20 Target gift certificate. There are no limitations.
- Follow Certified Parent Coach Amy Speidel's blog at [www.parentingadvicethatworks.com](http://www.parentingadvicethatworks.com)

As always, thank you for your continued support of our practice. We look forward to taking care of your family's needs this winter.

Sincerely,  
Senders Pediatrics

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